



Contact Us

If you would like to become an AONH Member, upgrade to the Elite Membership, or register for our Annual Natural Health Care Conference, please email:

info@aonh.org or call 202-505-AONH (2664)

Upcoming Events

NEW

Journey to the Amazon & Machu Picchu & Cuzco (Sept 13-21/22, 2018)

AONH co-hosts this exciting expedition into natural medicine in the Amazon! Also co-hosting the event are the Institute of Modern Wisdom and the ACEER Foundation. To register visit: www.instituteofmodernwisdom.com/event/journey-to-the-amazon-add-machu-picchu/

AONH Annual Natural Health Care Conference “Stopping the Symptom Cycle,” Nov 2-4, 2017 Douglasville, GA.

Nov 2, FREE EVENT, Author, Niki Gratrix speaks on “The Power of Relationships in Health and Healing.” To register visit: www.eventbrite.com>aonh free event 2017

Nov 3-4, PROFESSIONAL EVENT, Health care advocates and providers meet for an enlightening program geared to keep natural health care practitioners up to date and excited about what they do. info@aonh.org, 202.505.AONH, www.aonh.org

Special Certification Courses & Sponsor Seminars

Sun, Nov 5, Bremen, GA, “Vital System Refresher Course”

To register: 800.670.1999 X308 or info@standardenzyme.com

Mon, Nov 6, Bremen, GA, “The NATALiA. Method of Emotional Releasing” taught by Natalia Nannette Brown, CVP. To register: natalianannette@charter.net



Machu Picchu



Machu Picchu



Niki Gratrix
Featured AONH
Conference speaker

ISSUE

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OF NATURAL HEALTH

AONH NEWS

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The Mission of Your Association

AONH is dedicated to public education and the professional development of natural health care around the world. Our aim is to unite our like minded members and speak as one voice and with one purpose.

Getting Involved

Associate, Select and Elite Memberships are available.

For further information on benefits you or your company can receive, please register for membership by visiting: www.aonh.org

Amazon Awakening-by National Geographic Explorer, Journalist & Photographer, Jon Cox

It's the most biologically diverse place on the planet, it's home to the world's largest river by volume, *it accounts for about 20% of the oxygen we breath, an estimated 400-500 indigenous tribes live here*, countless medicinal plants are thriving, most of which have yet to be discovered, and for every human living on Earth today there are about 50 trees growing in the Amazon Rainforest.

Twelve eager participants are immersed in an educational ethnobotanical workshop organized by ACEER, The Institute of Modern Wisdom and the Association of Natural Health. We leave the comforts of home to experience the wonders of the Amazon Rainforest and what happens can only be described as an awakening.

Anticipation builds when the



Photo Credit: Jon Cox, National Geographic Photographer

bus leaves the city of Puerto Maldonado in South Eastern Peru as we pass by agricultural plots of papaya and yucca dotting the landscape. The air is thick with smoke from freshly clear-cut, burned lands still smoldering. Small popup villages consisting of blue tarps tied to posts for make shift dwellings that imitate trees, a clear indication of new settlement due



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HOW DO YOU JOIN THE AONH?

Act today!

Email us at
info@aonh.org or call
202-505-AONH (2664)
www.aonh.org

Your membership is yearly and entitles you to many benefits.

PRINCIPALS

Sam Abukittah
Founder & President

James Hawver,
Co-Founder

WHY SHOULD YOU JOIN THE AONH TODAY?

Your membership fees will contribute to promoting natural health awareness, education, and research as well as aid in the legal establishment* of rights for natural health Practitioners in our amazing community. We extend University Students (with proper ID) a 30% discount on any of the following memberships.

AONH ASSOCIATE MEMBERSHIP - \$49/YR.

- Feel great that you are having a part in supporting natural health care. You are helping it to remain a vibrant and effective option for you and your family!
- Access to monthly AONH Natural Health Webinars.
- 10% off admission to the AONH Annual Conference.
- Access to online natural health newsletter library.
- Access to one free natural health status survey.
- Discounts on select natural health industry seminars.
- Inclusion in the AONH News mailing list.

Membership categories continued on facing flap on page 3.



Photo Credit: Jon Cox, National Geographic Photographer

to the gold mining boom happening in the Madre de Dios region. The shanty towns begin to recede into dense green foliage on the dirt road to Infierno, a mixed indigenous community along the Tambopata River. Our Ese'Eja indigenous guides begin to teach us about the environment, the flora, the fauna and the unique Ese'Eja way of life.

The smoke has now cleared and we begin to inhale the earthy aroma of the Tambopata River as we climb down the bank on a set of steep wooden stairs layered with mud deposited from the fluctuation of the waterway below. It's along this very river that the Ese'Eja came down from the sky and have been living off what Edósikiana (the spirits of the forest) have provided since time immemorial. The Ese'Eja have a deep connection to the rainforest that few of us will ever know or truly understand, but our guides are helping us to open our senses to what we are about to experience.

We are the ancient owners of this land because we were the first to descend from the sky on a thread of cotton. Without the forest, there is no life...and no Ese'Eja.
~Mateo Viaeja an Ese'Eja elder

Our guides spot the first glimpse of wildlife, a

spectacled caiman (*Caiman crocodilus*) and a capybara (*Hydrochaeris hydrochaeris*), the world's largest rodent on the river banks along the way to Posada Amazonas.

The unique lodge where we are staying is co-owned by Rainforest Expeditions and the Ese'Eja community. Posada Amazonas is a success story of how entrepreneurs and indigenous communities can create mutually beneficial partnerships deriving sustainable income from non-extractive practices. The flora and fauna are much more valuable to the Ese'Eja left in their natural state for adventure seekers, eco-tourists, and scientists to experience and study.

The boat engine slows to a muffled putter as we approach the dock, grab our bags and ascend several hundred feet through the primary growth terra firme forest. This type of forest on solid dry ground consists of massive hardwood trees and doesn't flood like the várzea forests (floodplain forests) found along river banks. Oxygen rich air fills our lungs as our hearts race during the steep climb. The high pitched mating calls of male cicadas almost completely drown out any other noise as the many layers of the terra firme forest emerge on our hike. Countless shades and tones of green fill our vision until it pauses at a delicate pair of orange, black and yellow mating Sweet-oil Tiger butterflies (*Mechanitis lysimnia*) just a few steps from the lodge entrance.

The sunlight fades and a cacophony of sounds builds as the nocturnal creatures like katydids, crickets, and frogs appear and we prepare to turn in for the night. Sleeping under a thin mosquito net in the open air rooms of Posada Amazonas lodge gives us the feeling of being part of the forest like the millions of indigenous peoples that have heard the same sounds over thousands of years. From bats and beetles to opossums and ocelots, each one of us has a story about what we think we heard throughout the night as we gather for our morning excursion. We walk in silence before first light to welcome the sunrise from atop of the 80-foot-high canopy tower.

“Waking up to take a stroll in the rainforest at 4am heightened my senses to an untouched beauty, with the Howler monkey sounds and exotic birds singing as the sunrise brings light for another day.”
~Jody James

AONH SELECT MEMBERSHIP - \$199/YR.

Enjoy all the benefits of the Associate Membership in addition to:

- 20% off **admission to the AONH Annual Conference.
- Access to complete online audio, video and newsletter library.
- Access to the AONH network of Public Speakers.
- Permission to use a link to the AONH site on your website.
- Select discounts on affiliate products and/or services.

AONH ELITE/CHARTER MEMBERSHIP- \$399/YR.

This highest level of AONH membership entitles you to the maximum benefits. Enjoy all the benefits of the Select Membership in addition to:

- Steep discount (more than 30%**) on admission to the AONH Annual Natural Health Care Conference.
- Eligibility for drawings (at times totaling thousands of dollars) at the AONH Annual Natural Health Care Conference.
- Business builder assistance.
- Eligibility to register for educational certification courses presented through the AONH.
- Premium discounts with AONH partners, sponsors and affiliates. For example:
 - * 30-50% discount on Standard Enzyme products.
 - * Eligibility for free business set up on AONH sponsor physicianshr.com.
- Privileged consideration to contribute written articles or Letters to the Editor published in the AONH News.
- Opportunities to showcase and market your product within the AONH network.
- Legal assistance and support for your practice (access to AONH's worldwide network of attorneys).
- Use of the AONH logo in your print and electronic media.

*Your membership does not mean that your name will be used in any petition or drive without your knowledge. Your involvement is strictly up to you.

** Discounts on conference registration are distinct to this membership level category and not in addition to discounts in prior membership level categories.